## **Surgery Center Pre-Operative Instructions**

Welcome to Uropartners Surgery Center! Careful attention to the following instructions will help ensure your comfort and decrease the possibility of complications.

<u>Do not</u> eat or drink anything (including water, chewing gum and hard candy) after midnight prior to your surgery.

A responsible adult <u>over the age of 18</u> must drive you home. For your safety and protection, you cannot leave the center without a responsible adult to accompany you. Failure to make the necessary arrangements could result in your surgery being cancelled.

Bathe or shower the morning of the surgery to minimize the chance of infection.

**If you develop a cold, sore throat, fever**, etc., please notify your surgeon and us, before coming in: 224/612-7000.

**Remove all make-up, nail polish, and jewelry, including piercings.** For your comfort, please wear loose, comfortable clothing. After your admission, you will change into a patient gown and slippers provided by us.

**If taking medication(s), herbals or multivitamins,** please consult your physician as to what medications can be taken prior to the day of surgery. In addition, ask your surgeon if you can take medications that thin your blood (anticoagulants) such as Ibuprofen, Aspirin, Plavix, Xarelto, Ginkgo biloba or Green Tea, to name a few.

**If you suspect you are pregnant**, please notify your surgeon immediately. Anesthesia and medications may be harmful to the developing fetus.